

How do you join?

Places are allocated through a self-referral system. Your social worker may also make an application on your behalf as may your Lead Professional. If you would like to speak to somebody about this project just phone the LWCA Office and we will be happy to answer any of your questions. Once you have completed and returned our application form we can begin inviting the young person to join our group activities. Most importantly, tell us on the form what your teenager would like to do. We very much want this to be based on the preferences of our young people.

What happens next?

Working from the information you give us, we will arrange the outings. We will invite your teenager by letter or email along with details of the outing.

Contact Us

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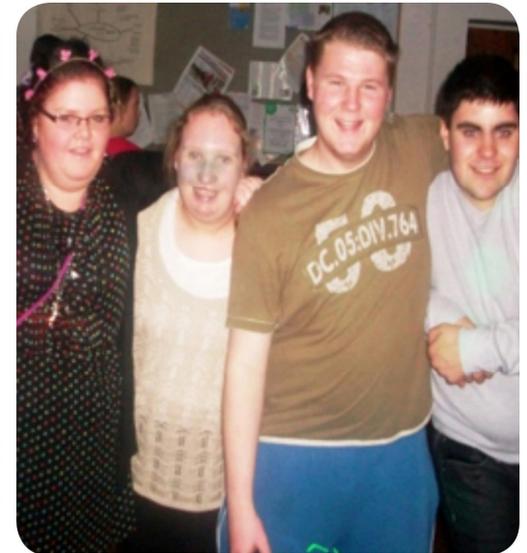
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Out & About Project

Social group activities for teenagers with disabilities in the Leeds area



Exclusively for Teenagers

Teenage years can be tricky – more so if you have a child with additional needs. Most of our teenagers may want to go out in the evening and have fun with people of the same age, but they still need supervising. They may not have friends who they can go out with and they may not relish an evening out with their middle-aged parents or carers!

We organise local events/outings each month and invite members of the Out & About Project to come along. This is anything from bowling, swimming, live music, cinema, eating out, disco, snooker, theatre, theme park, evening walks... Basically anything your youngsters would like to do.

Our
Out & About
Project is for
teenagers aged
between
14 and 18



What are the hours and how much does it cost?

We are funded by Children's Social Care but ask for a nominal contribution towards each outing. This ranges from £5 to £15. This is a voluntary contribution.

We have 3-4 outings each month in the evening during term time. In school holidays we organise day-time outings and are more adventurous with full days out further afield. Typical outings are theatre trips, cinema & McDonalds, Pizza Hut & bowling, girls pamper evenings, lads' nights out (Northern Snooker Centre), Lightwater Valley, BBQ's, picnic in the park with games and Mencap social evenings which include film nights, games, karaoke, making pizzas, fish & chip suppers and themed craft evenings.

What about transport?

We are unable to provide transport. For each outing there will be a meeting place and a pick up place.

We have trained and experienced staff who already work for us at the Weekenders Club. We staff each trip according to need. Our usual group outing comprises 7/8 young people and 4/5 staff but there is space on the form to indicate if you want your teenager to have one-to-one supervision.

The Out & About Project is funded primarily by Leeds Social Care.